



Photo by Maj. Joe DellaVedova

**ABOVE:** Capt. Mike Williams is welcomed home Friday by his wife Dina and son David. Thirty-six members from the 393rd Bomb Squadron returned home from Andersen Air Force Base, Guam, after 36 13th Bomb Squadron members left for Guam to replace them Wednesday. The squadrons are splitting an Air Expeditionary Force rotation. This allows for more Airmen to gain valuable training and experience for AEF deployments, and allows the wing's pilots to train in the Pacific, said Lt. Col. William Eldridge, 13th Expeditionary Bomb Squadron commander.

**RIGHT:** Paul, 4, and Avery, 6, son and daughter of Lt. Col. Paul Tibbets, 393rd BS commander, prepare to welcome their father home from Guam Friday. The 393rd BS pilots returning from Guam flew a total of 76 sorties, for more than 450 hours, with a 117 percent execution rate. Whiteman maintainers deployed to Guam, were able to maintain a mission capable rate of more than 75 percent, shattering the Air Combat Command standard of 51 percent.



Photo by Airman 1st Class Ryan Wilson

## Chief McKinley takes over top enlisted position

By Tech. Sgt. Cohen Young

Air Force Print News

**WASHINGTON (AFPN)**—The Air Force welcomed new Chief Master Sgt. of the Air Force Rodney J. McKinley as he was passed the torch by Chief Master Sgt. of the Air Force Gerald R. Murray in a ceremony June 30.

Chief Murray retires after 29 years of service with the last four as the chief master sergeant of the Air Force.

Chief McKinley praised the “wonderful Airmen” standing in front of the audience, referring to the Air Force Honor Guard,

which comprised 250 Airmen from various places and backgrounds. He said the sight of the Airmen standing in front of the 50 state flags was a view that would “get your blood going.”

Chief McKinley said it was an honor to be the 15th chief master sergeant of the Air Force. He said to say he was

humbled would be an understatement.

“I’ve always been in awe of the chief master sergeants of the Air Force,” Chief McKinley said. “They have inspired me and made me a better Airman.”

Chief McKinley was the command chief for Pacific Air Forces at Hickam Air Force Base, Hawaii, before assuming his new position.



Chief Master Sgt. of the Air Force  
Rodney J. McKinley

### Chief McKinley Fast Facts

- Chief McKinley grew up in Georgetown, Ohio.
- He entered the Air Force in 1974.
- In 1977 he took a break in service and re-entered the Air Force in 1982.
- His previous duties include medical positions and aircraft maintenance, and as a first sergeant and command chief at wing, numbered air force and major command levels.



Editorial Staff

**Col. Greg Biscone** 509th Bomb Wing commander  
**Maj. Joe DellaVedova** Chief, Public Affairs  
**2nd Lt. Candace Cutrufo** OIC, Internal Information  
**Staff Sgt. Rob Hazelett** NCOIC Internal Information  
**Airman 1st Class Jason Burton** Editor  
**Staff Sgt. Jason Barebo** Staff writer

The *Spirit Times* is published by *The Sedalia Democrat*, a private firm in no way connected with the U.S. Air Force, under exclusive contract with Whiteman Air Force Base.

This civilian enterprise newspaper is an authorized publication for members of the U.S. military services. Contents of the *Spirit Times* are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the DoD, the Department of the Air Force, or *The Sedalia Democrat* of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, age, religion, national origin, political affiliation, marital status, sex, physical handicap, or any other non-merit factor of the purchaser, user, or patron. Editorial content is edited, prepared and provided by the Office of Public Affairs of the 509th Bomb Wing, Whiteman AFB, Mo. All photos in the *Spirit Times* are official U.S. Air Force photos, unless otherwise noted. The Services Page is a supplement to the *Spirit Times* and is provided by the 509th Services Squadron.

The deadline for article submissions to the *Spirit Times* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission does not guarantee publication.

For more information, call the *Spirit Times* office at 687-6133, e-mail: spirit.times@whiteman.af.mil, fax us at 687-7948, or write to us at: 509th BW/PA, 509 Spirit Blvd. Ste. 111 Whiteman AFB, Mo. 65305

Air Force Quiz

What does an effective mishap prevention program depend on?  
 (see answer below)

9er Line

Dial 687-3119 or e-mail  
 9r.Line@whiteman.af.mil

Whiteman's 9er Line provides a communication channel for you to obtain information and assistance in making Whiteman a better place to live and work. Before calling the 9er Line, try to resolve your problem with the responsible base agency. If you've exhausted all the normal avenues to resolve the situation, then call Col. Greg Biscone, 509th Bomb Wing commander, at 687-3119 or e-mail 9r.Line@whiteman.af.mil

9er Line

Dial 687-3119 or e-mail  
 9r.Line@whiteman.af.mil

Whiteman's 9er Line provides a communication channel for you to obtain information and assistance in making Whiteman a better place to live and work. Before calling the 9er Line, try to resolve your problem with the responsible base agency. If you've exhausted all the normal avenues to resolve the situation, then call Col. Greg Biscone, 509th Bomb Wing commander, at 687-3119 or e-mail 9r.Line@whiteman.af.mil

Need a Wingman?

Confidential crisis counseling available 24/7. Call the Whiteman Help Hotline: 866-395-4357

Individuals integrating mishap prevention at every functional level and complying with applicable safety standards.

Air Force Quiz answer

COMMENTARY

You make freedom happen

By Maj. Joel Fortenberry  
 509th Contracting Squadron commander

As our fellow Airmen, friends, and family members wrap up their deployments from Air Expeditionary Force 9/10, we are rapidly gearing up for deployment in our next AEF rotation.

In the preparations for homecomings and farewells, it's easy to forget that power projection and the defense of freedom is our daily business and that what we do each day, home or abroad, makes a difference. You may not see that difference as clear as someone in the Area of Responsibility, but make no mistake, it's there.

Thanks to you, our Airmen are trained and ready to deploy when they are called.

Thanks to you, the families of our Airmen are cared for while their loved ones are deployed.

Thanks to you, our bases aren't broken. Though the AEF system is designed to break them if necessary, the hard work and team work of our civilians and active duty members mean we don't miss a beat.



Thanks to you, when our wing commander presents our wing mission brief, we see a picture of a destroyed enemy command bunker while hospitals, schools, and homes a block away are untouched.

Thanks to you, Nazaar Joudi has a right hand and a reason to hope. In 1995, Nazaar's right hand was amputated at Abu Gharib prison in Iraq, his punishment for being caught dealing with currency other than the Iraqi Dinar.

In addition to the removal of his hand, his head was marked with a black cross to identify him as a criminal and he was charged \$50.00 to cover the cost of the amputation.

Behind the Lines, a compilation of war letters by Andrew Carroll, shares Joudi's thoughts to his wife hours before his punishment.

To every believer there is a sacrifice and there is a price to every sacrifice.

The price for this is my right hand. Freedom also has a price and freedom is more valuable than anything. Do not be sad because of what happened to my hand...

Nine years later, Nazaar wrote another letter to his wife. This time he was writing from Washington, D.C., after two months of physical therapy on his new right hand.

In the name of God, the compassionate, the merciful After more than nine painful years, I am able again to use my right hand to write those words to my dearest wife.

However, this time it is different. This time I am writing my letter from the most beautiful place in the world, Washington, D.C., the capital of the United States of America.

I asked God to provide me with another hand. God responded to my prayer and gave me a new hand. Actually God has given me more than one new hand. He has given me the hands of American friends who offered their friendship, hands of the people in Houston, who assisted us, and the endless care and kindness provided by the best physicians in the world.

Now I am writing these words with happiness, where grief has been converted in joy and gladness. This happiness was provided to me by the people and the gov-

ernment of the United States. So look my wife to the justice of God, how I was in the worst place in the world, and now I am in the most beautiful.

Our forefathers closed the Declaration of Independence with these words: "with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our lives, our fortunes, and our sacred honour."

If you signed this document you accepted, without condition, that the survival of freedom required accepting the need to sacrifice. Those that signed did not do so anonymously. The entire world knew who they were.

Today, if you drove through the gate to serve your country, the entire world knows who you are. Each day, in your own way, you are pledging your life, your fortune, and your honor, to spread and protect freedom and you are making a difference. Never doubt it for a second.

Tonight, whether you sleep in Baghdad or Balad, Whiteman or are forward deployed, the free world sleeps easier because you do what you do, while those who would threaten that freedom sleep with one eye open. All thanks to you.

To be successful leaders we must constantly evolve

By Brig. Gen. (Dr.) James Dougherty  
 81st Medical Group commander

Leadership is often thought of as a skill that's developed gradually, but I disagree.

In my journey through the ranks, I've often wondered how our systematic approach to officer development translates to actual leadership growth.

The Air Force promotes gradual increases in responsibility and mentoring from senior officers. But has anyone completed a case study of officers who have undergone leadership development to determine our actual return on the investment?

If you think about it, do any of the service schools you've attended really prepare you to command?

In a past assignment, a new commander came into my unit. The orderly room staff was doing their usual "beating the bushes" to find any "intel" on the new boss.

By talking with friends and connections at the commander's old unit, they knew exactly who was coming.

Then I overheard one of the sergeants say she remembered him as a second lieutenant. I asked, now that almost 15 years had passed and he's a

colonel, how he's changed.

Her response is ingrained in my memory, "He's still the same." I don't think she was saying he still acted like a second lieutenant, but that he led like one.

To me, the implication was that what you learn during your initial experience as an officer or enlisted Airman sets the tone for the rest of your career.

I can't count the times I've heard that if you want to be a general or chief you need to prepare when you are a lieutenant or Airman.

This is true, but you also need to be aware that more than likely your disposition 10 to 20 years from now has been predetermined.

How we handle people and situations early on becomes a permanent part of our personality.

This isn't to say there isn't anything you can do about it, but I believe if you continue your career with blinders on, then yes, you'll still be a "second lieutenant" or "Airman" when you retire.

If you are thinking, "I'm not planning on making the Air Force a career," the point isn't applicable to military service alone. Your style fol-

lows you wherever you end up. We will all work for someone.

So how do we escape our predetermined approach to leadership? I believe the answer lies in constant evolution and a state of awareness—keeping your ears to the ground, accepting criticism from all sources and doing what's right.

There will always be someone better than you, there may be someone trying to hold you down and there can be someone trying to lift you up.

You might not always be around "the someone" you want, but you need to learn from every experience, and remember you're "the someone" for those around you.

Seek out new experiences and new opportunities, and soak up knowledge from those around you to improve yourself and your teammates.

In this way, you evolve as a person and as a leader, removing the blinders that keep you from going beyond your predetermined limits.

Where do you start? Promote constant evolution in others through this rule: Never try to take down your competition; try to make yourself better first and then help your competition to be better than you.

## Newsline

### Spirit gate construction underway

Construction began at the Spirit Gate Thursday and is scheduled to last until Aug. 6. There are several projects that the 509th Civil Engineer Squadron will be overseeing to enhance the base's force protection measures and increase the safety of base personnel and assets.

These upgrades will include the realignment of the center median along Spirit Blvd. to provide two lanes of traffic in both directions.

A new walking path from the north to the south of Spirit Blvd. will also be constructed.

This new walkway will provide increased safety for children traveling to Whiteman Elementary School, the youth center and other buildings in that area.

Please consider using alternate gates during construction. Be alert for directions provided by traffic safety personnel.

Also, drivers are reminded to follow all posted signs and speed limits.

For more information, contact Gary Hall, 509th CES, at 687-6281.

### Free Concert

The all-female country music group, Cowboy Crush, will perform a free concert for DOD cardholders July 16 at 6 p.m. in the 442nd 5-Bay hangar as part of the Spirit of America Tour. Seating is limited and lawn chairs are welcome.

### Blood drive set

There will be a blood drive 11 a.m.-6 p.m. July 20-21. Free Papa John's Pizza, refreshments and special Whiteman t-shirts will be provided to all donors. This event is sponsored by the Whiteman OSC.

For more information or to book a "Fast Pass" appointment, go to [www.esaveal-ifenow.org](http://www.esaveal-ifenow.org) and use sponsor code "whiteman", or e-mail Jennifer Belardo at [mikeandjenbelardo@yahoo.com](mailto:mikeandjenbelardo@yahoo.com).

### Firing range safety

Trespassing is prohibited on any of the Combat Arms ranges on base. Trespassing is not only illegal but dangerous due to weapons firing.

The 40mm grenade range is located on the east side of the base adjacent to highway D. The rifle, pistol, shotgun and machine gun ranges are located behind building 1236.

If entry must be made during duty hours contact combat arms at 687-5124, during non-duty hours contact Tech. Sgt. William Duft, 509th Security Forces Squadron at 661-373-3082.

### Car wash set

The 442nd Fighter Wing First Sergeants Annual Car Wash will be held 11 a.m. to 1 p.m. Saturday in the base exchange parking lot.

Donations will be accepted and members are asked to please stop by and support this event.

### CCAF opportunity

The Community College of the Air Force is the largest community college in the world and is the only community college in the Department of Defense. The administrative center is located at Maxwell AFB, Ala. More than 355,000 students are registered with 112,503 students actively pursuing a CCAF degree.

Each year about 1.6 million semester hours are earned in CCAF classrooms. To date, the college has more than 230,000 graduates and has conferred more than 275,000 associate in applied science degrees.

To find out how you can earn your CCAF degree, call the education center at 687-5750 or come visit Bldg.,145.

## Airmen at Ali hand security back to Army

By Master Sgt. Andrew Gates

407th Air Expeditionary Group Public Affairs

**ALI BASE, Iraq**— After more than three years of protecting Ali Base, the Airmen of the 407th Expeditionary Security Forces Squadron, known as the "Desert Hunters," turned over the perimeter defense mission to the Army's 528th Quartermaster Company on June 30.

The ceremony culminated a month of training by the Desert Hunters, bringing their Army counterparts up to speed on tactics, techniques and procedures.

This is the first time since Ali Base opened in March 2003 that Air Force security forces specialists have not provided perimeter security, said Chief Master Sgt. Robert Henson, 407th ESFS security forces manager.

"Several months ago, as we realized the Air Force would no longer have permanently assigned aircraft at Ali, we knew would need to hand over this defense mission to the Army," he said.

The beginning of the ceremony recognized the efforts of the 164 Soldiers who completed the training.

"They studied all aspects of integrated base defense for the first two weeks of training," Chief Henson said. "For the last two weeks, they worked side by side with our Airmen to get a feel for the area and get practical experience on defending the base. I am confident that these Soldiers are prepared to conduct defense of Ali Base."

## Air Force changes network operations structure

**BARKSDALE AIR FORCE BASE, La.** — The Air Force takes another step forward in support of its new mission statement to "deliver sovereign options for the defense of the United States of America and its global interests — to fly and fight in Air, Space, and Cyberspace" by reorganizing its network operations structure today to better support the warfighter.

The Air Force is consolidating Air Force Network Operations under the authority of the Eighth Air Force Commander, Lt. Gen. Robert J. Elder Jr. The command and control division of the Air Force Network Operations Center at Barksdale holds a ceremony at 2 p.m. today to formally recognize the significant reorganization recently approved by the Air Force to enhance the AFNETOPS capability.

The move puts all Air Force units charged with network operations under the command of a single commander, General Elder. Those responsibilities were previously decentralized among 10 Major Command Network Operations and Security Centers, as well as 8th Air Force, the Air Intelligence Agency, the Operations and Sustainment Systems Group and the Air Force Communications Agency.

To operationalize Air Force network operations, the 67th Information Operations Wing at Lackland Air Force Base, TX has been reorganized and will be redesignated as the 67th Network Warfare Wing. The wing will oversee the stand-up of two Integrated Network Operations and Security Centers located at Langley AFB, Va., and at Peterson AFB, Colo., consolidating the former duties of the major command NOSCs.

Reorganization actions will require several months to fully implement.

## Whiteman welcomes new commanders

### 509th Maintenance Squadron



Photo by Airman 1st Class Ryan Wilson

**Maj. Mary Teeter (right), 509th Maintenance Squadron, receives the 509th MXS guidon from Col. Bob Dulong, 509th Maintenance Group commander, as part of a change-of-command ceremony June 27.**

**Previous assignment:** Intermediate Developmental Education, Air Force Institute of Technology, Wright Patterson Air Force Base, Ohio

**Time in service:** 12 years

**Commissioning source:** AFROTC, University of Colorado—Boulder

**Hobbies:** Home projects, jogging and reading

**How does the squadron contribute to the Air Force mission?** The 509th Maintenance Squadron consists of over 540 craftsmen who maintain the stealth characteristics, intricate aircraft systems and critical support equipment of the B-2 Spirit.

**Command philosophy:** To lead by example and foster a culture that honors the traditions, core values, and uniqueness of our service, as well as one that cultivates esprit de corps. To be loyal to the people and the chain of command and the mission, taking care of the squadron members so they can take care of the mission.

**Goals for new position:** As commander of the 509th MXS, I will seek solutions and opportunities in techniques and technologies to overcome the tough challenges the B-2 weapon system presents for our maintainers.

### 509th Security Forces Squadron



Photo by Master Sgt. Gregory Scott

**Maj. Craig Allton (right), 509th Security Forces Squadron commander, receives the 509th SFS guidon from Col. Connie Davis, 509th Mission Support Group commander, as part of a change-of-command ceremony June 28.**

**Previous assignment:** Commander, Cadet Squadron 28, Air Force Academy

**Time in service:** 15 Years

**Commissioning source:** Air Force Academy

**Family:** Wife, Starry; daughter, Katelyn, 5, and son, Severn, 3.

**Hobbies:** Sports, movies, architecture and design

**How does the squadron contribute to the Air Force mission?** Defends and protects the base, people and resources.

**Command philosophy:** Train the way we fight. Execute the mission at the right time and place with unsurpassed professionalism. Adapt to the environment, and changing missions and resources, and the enemy. Motivate ourselves and others to set the standard and continuously improve. One team—one fight.

**Goals for new position:** Secure the base — 24/7/365

Improve and streamline security operations and procedures. Build outstanding relationships with other units, the base and local communities. Provide consistency and stability to the security forces family. Perpetuate a culture of teamwork, safety, professionalism, fun and honest dialogue across functional specialties and throughout the unit.

# A symbol of wing's efforts

By Maj. David Kurle

455 AEW public affairs

**BAGRAM AIRFIELD, Afghanistan** – The 442nd Fighter Wing is deployed now for the third time since the Global War on Terror officially began in October 2001 and one NCO brought along a memento that has come to symbolize his, and the 442nd's, participation.

Tech. Sgt. Paul Hanson, deployed to the 455th Expeditionary Aircraft Maintenance Squadron here, purchased an American flag after graduating from high school and has flown it on all four of the wing's deployments.

"I graduated high school in 1976 and we were the 'Spirit of '76,'" Sergeant Hanson said. "It's flown here, and it's flown at Tallil (Air Base, Iraq), it's flown at Kirkuk (Air Base, Iraq) and now it's flown here again."

As the flag has flown over combat zones three other times, it's becoming

worn, so Sergeant Hanson hoisted it only briefly during the wing's latest deployment, supporting Operation Enduring Freedom with its A-10 Thunderbolt IIs and accompanying maintenance Airmen.

"It's getting dry and brittle," Sergeant Hanson said.

"I dragged it out of the box after September 11th and it was basically brand new when we came over here the first time," he said. The 442nd deployed with its A-10s here in 2002.

Sergeant Hanson has plans for the flag when he gets home from his current tour in Afghanistan.

"It's going to be a wall plaque," he said. "I'll list the deployments it's been on and give it to the (Veterans of Foreign Wars).

"I just get attached to things, and I know that when a flag gets tore up, you're supposed to destroy it, but I just can't do it," Sergeant Hanson said.



Photo by Maj. David Kurle

**BAGRAM AIRFIELD, Afghanistan**—Tech. Sgt. Paul Hanson and Tech. Sgt. David Steidley raise a 13-star American flag above the flight-line here June 26. The flag has been in the possession of Sergeant Hanson since 1976 and is now on its fourth deployment with members of the 442nd Fighter Wing. Both sergeants are Air Force Reservists deployed from the 442nd FW at Whiteman and are both avionics technicians.

# Taken down a notch



Photo by Staff Sgt. Rob Hazelett

**Craig Cisna, All Pro Electrical Technologies contractor, lowers a control box for the giant voice sound system June 29 in base housing. The lowering of the boxes will help reduce the amount of equipment and time required to maintain the giant voice system. Boxes were lowered throughout the base, including the golf course.**



Services Page editor.....Poppy Arthurton  
 509th Services Squadron.....687-7929  
 \*No federal endorsement of sponsors intended.

## Saturday

### **Bass Pro Shop trip**

Outdoor recreation is taking a bus down to Springfield, Mo. 8 a.m.-5 p.m. to visit the Bass Pro Shop. The cost is \$15 which covers transportation. Discount tickets for the Wonders of Wildlife museum are available from information, tickets and travel before the event. Call 687-6656 to sign up.

### **Youth of deployed personnel play day**

Anyone ages 9 to 18 who has a parent or guardian currently deployed is invited to a special day of fun just for them. Participants can play Bingo, take part in a pool tournament and play games. The fun starts at 3 p.m. at the teen center and is free. Parents can sign up their children by calling the teen center on 687-5819.

### **Weird glop**

Get ready to get messy when you make your own "glop" 2:30-3:30 p.m. at the community center. Great for children ages 5 and older. Children must be accompanied by an adult and should wear suitable clothes for messy work! The cost is \$2, call to sign up as space is limited. Stay for a free family movie afterwards.

### **Ice cream social**

July is National Ice Cream month! Pre-teen scene is celebrating with an old fashioned ice cream social. Participants will assist in making homemade ice cream and will then enjoy an ultimate sundae or banana split. The social will take place 6-9 p.m. at the teen center and is specifically for ages 9 to 12. The cost is \$3 for members, \$4 for non members. Call the teen center to sign up.

## Sunday

### **Family 9-hole golf day**

Get the family together for some fun on the golf course. Tees will be set up 200 yards or less from the green and all family members must hit from the same tee. The cost is \$30 for a family of four which includes a cart. Tee off is 3 p.m.

The next family event will be a 9-hole scramble tournament on Aug. 6 so get some practice in!

## Monday

### **Decoupage class**

Learn a traditional crafting skill and make a beautiful box with a decoupage class, 1.30-3.30 p.m. at arts and crafts. The class is two sessions - Monday and July 17 and the cost is \$15 including supplies. Sign up by noon Friday.

### **\$2 Lunch**

Club members can enjoy one of the great benefits offered by Mission's End with a \$2 lunch buffet on July 10. The buffet includes drink, dessert and salad bar.

## **Summer pet care**

Story by SVS Marketing

Don't forget that your pet can suffer from the heat just as humans can. Here are some tips from the vet clinic to help your pet have a happy and healthy summer.

**Never leave your pet in the car** - the temperature inside a car can rise to 120 degrees Fahrenheit in a matter of minutes, even with the windows rolled down.

**Water** - make sure your pet always has plenty of fresh water, inside and out.

**Use sunscreen** - Rub a bit of sunblock on unprotected areas e.g. tips of ears, lips and nose.

**Watch for antifreeze** - hot weather may cause your pet to drink from puddles which could be contaminated.

**Beware the humidity** - humidity affects animals' ability to lose heat through panting, keep pets indoors on humid days.

## **Robotics camp**

Whiteman has been selected by ACC to host a part day science camp for children ages 7 to 12. The theme is robotics and there will be lots of fun and interactive activities to help participants learn. The camp takes place 9 a.m.-noon Monday through Friday at the community center and costs \$3 for youth center members, \$4 for non members. Register in person at the teen center - open Monday- Friday 1-6 p.m.

## Tuesday

### **Scrapbooking - Tear it up**

Tear it up with a new scrapbooking skill. Learn how to create an attractive page using different methods to tear paper. The class takes place 10 a.m.-noon at arts and crafts. Sign up by noon Monday.

## Wednesday

### **Summer reading program**

Meet Connie Koch's snakes at 10 a.m. at the library and learn more about these misunderstood reptiles.

### **Float trip**

Enjoy a gentle float trip down the Pomme de Terre river with outdoor recreation. The trip takes place 8 a.m.-5 p.m. and is perfect for beginners. The cost is \$17 which covers transportation, canoe rental and life jacket. Bring a picnic lunch. Call to sign up by Friday.

### **Framing**

Save money by learning framing skills yourself. Attend the class 9 a.m.-noon at arts and crafts and you can become certified to cut mats and glass, join and assemble frames. Bring a 5-by-7 inch photo to frame. The class costs \$25 which includes supplies. Sign up by noon Tuesday.

## Thursday

### **Thursday throwback**

Join the weekly scratch sweeper at the Stars and Strikes which takes place 7-9:30 p.m. every Thursday. The cost is \$20 per week.

**Don't let your pet overdo it** - exercise is important but if your pet is panting excessively or seems exhausted it's time to stop.

**Some pets have more problems than others** - elderly, very young, ill or overweight pets struggle most in the heat along with certain breeds of dog. Pugs, Bulldogs and Pekingese have snub noses which make it hard for the dog to lose heat through panting.

**Bring them inside** - animals should not be left outside, even in the shade as shade moves around throughout the day.

**Keep an eye out for heatstroke** - signs of heatstroke include: panting; staring; warm, dry skin; fever; rapid heartbeat; vomiting; collapse; failure to obey commands and an anxious expression. If you notice any of these symptoms contact your veterinarian immediately and attempt to lower the pet's temperature by holding

cold wet cloths against any hairless area.

The vet clinic can give you advice on how to care for your pet throughout the summer as well as keep you supplied with medicines, toys and care products. Call them at 687-2667.



**Squirrel's ready for anything this summer! Squirrel belongs to SrA C. Mike Smith, 13th AMU Squadron and Mrs. Natalie Smith, Veterinary Clerk, 509 SVS.**

## **Cowboy Crush - Free concert**



Free live music from Nashville's most unique band - Cowboy Crush. This 5-piece girl band will perform in their high energy, sassy style at 6 p.m. July 16 at the 442nd hanger as part of the Spirit of America Tour. Active duty, reserve, guard, retired military, DoD and contract civilians and their families are invited to this special concert. Lawn chairs are welcome as seating is limited. To find out more visit their website [www.cowboycrush.com](http://www.cowboycrush.com).

## Available now

### **Preschool enrollment**

The child development center is beginning enrollment for its Fall part-day preschool program for 3- to 5-year-olds. The program will begin on August 21st. The fees will be determined by total family income. For more information please call 687-5588.

### **July aerobics schedule**

Pick up a new schedule from the fitness center for the latest free aerobics classes.

## Coming up...

### **The Selfish Giant**

CMSU's Children's Theater will present a production of The Selfish Giant 10 a.m. July 14 at the community center. The show costs \$1 and is free for children 2 years old or younger.

## Family Child care

### **Extended Duty Care**

Register now for the extended duty care program. It is available to help parents meet child care requirements for extra duty and emergencies. Care is provided in a contracted, licensed family child care home to augment regular care arrangements. An application must be completed prior to participation. Call 687-5590 for more details.

## **Movie Schedule**

**7 p.m. Friday, July 7**

**Over the Hedge PG**

**7 p.m. Saturday, July 8**

**The Da Vinci Code PG-13**

**3 p.m. Sunday, July 9**

**X-Men: The Last Stand PG-13**

Adults: \$3.50 Children: \$1.75  
 Movie Recording Line: 687-5110  
 Movies subject to change due to availability.

## **Squadron telephone directory Combat Support Flight**

Fitness Center.....687-5496  
 Library.....687-5614  
 Ozark Inn.....687-5469  
 Touch & Go.....687-2700  
 Whiteman Inn.....687-1844

## **Community Support Flight**

Arts and Crafts Center.....687-5691  
 Auto Hobby Shop.....687-5689  
 Bowling Center.....687-5114  
 Outdoor Recreation.....687-5565  
 Mission's End.....687-4422  
 Golf Course.....687-5572  
 Tickets and Travel.....687-5565  
 Veterinary Clinic.....687-2667

## **Family Member Support Flight**

Child Development Center.....687-5588  
 Community Center.....687-5617  
 Family Child Care.....687-5590  
 Teen Center.....687-5819  
 Youth Center.....687-5586